

YOUTH8

UNDERSTANDING YOUTH ENGAGEMENT



www.youth8.org

info@youth8.org

A photograph of a young man and a young woman in a city street at night. The man is standing behind the woman, with his arm around her shoulder. They are both looking down. The woman is wearing a dark beanie and a brown jacket. The man is wearing a dark jacket. In the background, there are blurred city lights and buildings.

Why?

We create a safe and engaging environment that enables children and young people to overcome their adversity, build resilience and thrive.

YOUTH8 has been created to support children and young people that need it most. We offer a fully integrated, trauma informed, attachment theory and systemic approach to youth engagement, mentoring and education.

With over 15 years experience of delivery, learning and developing mentoring, thus enabling us to operate as an ethical and child/person centred service. We approach all we do academically, using a health informed policy, that is constantly developing and sharing sector wide evidence.

The young people we support have their own personalised plan created to suit their needs. We do this in a number of ways, including assessing their Adverse Childhood Experiences (ACEs), evaluating where they sit within Maslow's Hierarchy of Needs, SMART target setting and improving how they manage their emotions. From these, we are able to create positive specific outcomes for each individual.

We support children and young people from the ages of 5-25 and also offer professional development and training for adults, professionals and teachers.

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What Do We Offer?

YOUTH8 1:1

Our 1:1 package focuses on engaging with children and young people on a 1:1 basis. Their engagement mentor will support them to build resilience, improve confidence and tackle their ACEs. This will improve behaviour and engagement in school, in the community and in their home life. YOUTH8 1:1 is for 5-25 year olds who may need a bespoke approach.

1:1

YOUTH8 +

Our plus package concentrates on all we offer in our YOUTH8 1:1 project and more. Here, children and young people will be able to access English & Maths tutoring and have the opportunity to complete ASDAN certificates and accreditation up to level 3, to support their personal development. This service is open to secondary school aged young people.

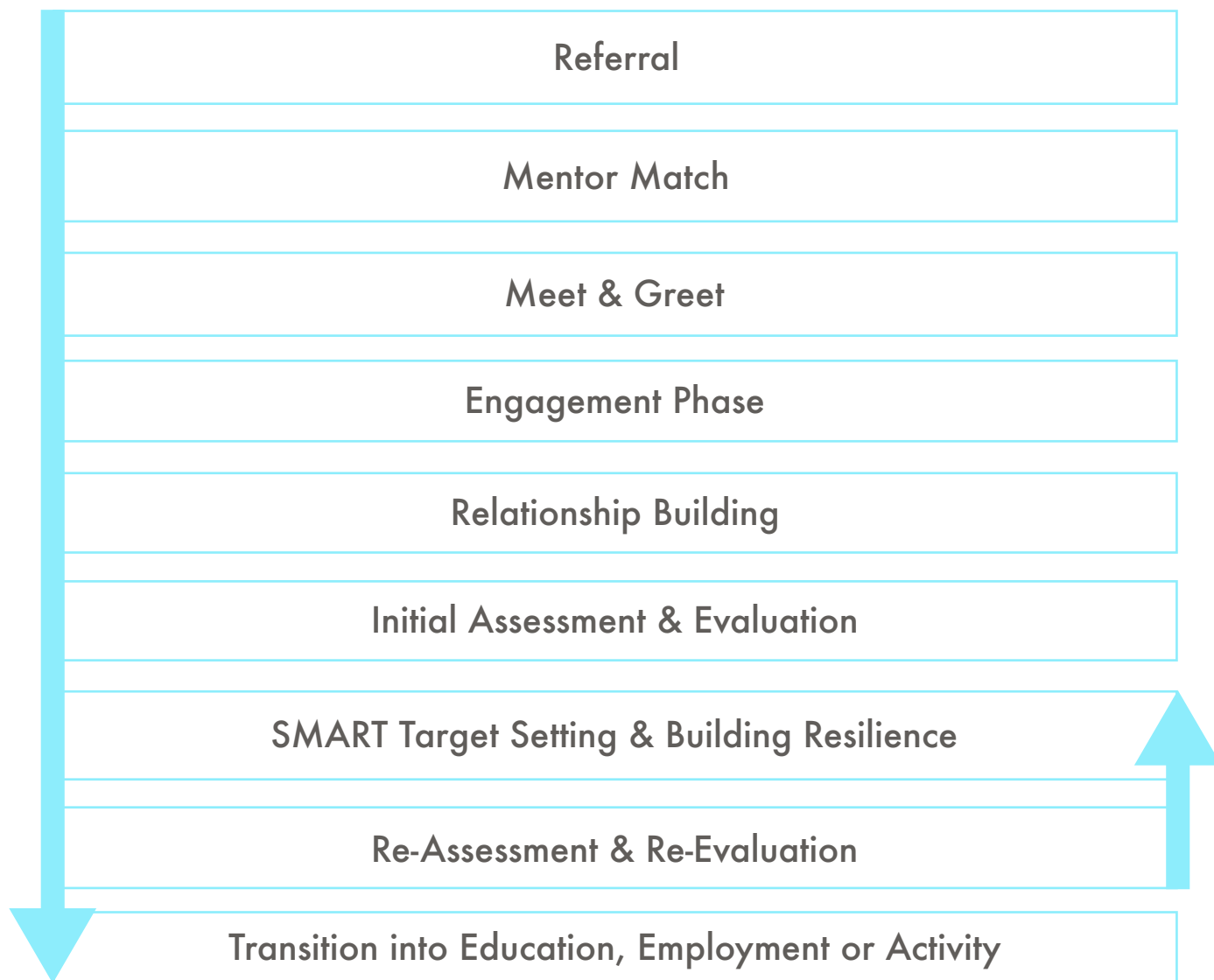
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YOUTH8 EXP

Our EXP package is specifically for children and young people to experience bespoke respite and day trips that are tailored to the individual or group. Beach days, city days, surfing, trekking, kayaking, paint balling and theme parks are some examples of our provision. This service is open to all. Please contact us to discuss in more detail as our EXP days are personalised to the individual, or group.

EXP

Mentoring Process...



The above is an example of the YOUTH8 journey taken by all young people working with us. What we deliver:

- 8 Mentors are matched on their interests rather than life experiences.
- 8 We build relationships based on trust to allow us to be positive role models.
- 8 Assessments are completed when the young person is ready.
- 8 Target setting & re-assessments are repeated until our engagement concludes, no matter how big or small the progression.
- 8 Finally, we always end placements with an outcome that will continue to engage and develop the child or young person.

Consultancy & CPD...

YOUTH8 Pro

Youth8 Pro is how we share best practice, improve the knowledge of and support youth organisations. We offer consultancy, workshops and CPD sessions, conference hosting in ACEs, building resilience, engagement, mentoring, behaviour management and other bespoke packages. We believe sharing knowledge is important to provide opportunity to all children and young people.

Consultancy

YOUTH8 are experts in mentoring children, young people, adults and delivering workplace mentoring. We also understand the importance of engagement, and offer a range of consultancy packages to support the development of your programme, school, prison or workplace. We will support the creation of brand new programmes, giving you the tools for a successful programme from day 1. Below are examples of how we can support your organisation:

- 8 Youth Mentoring - Primary school, Secondary school, 16+ education, Youth organisations & groups.
- 8 Adult Mentoring - Workplace & community settings.
- 8 Peer Mentoring - Secondary school & 16+ education.
- 8 Youth Engagement - Improving how you approach engagement.
- 8 Trauma Informed Approach.

Education & CPD

Here at YOUTH8 we enjoy nothing more than sharing best practice and developing the sector we work in. Our team are able to provide workshops, CPD and education for all individuals and organisations that work within the sector. Please see below the qualifications and specific workshops we can deliver for you:

Half Days

- 8 Introduction to Mentoring - Primary, Youth or Adult.
- 8 Introduction to Youth Engagement.
- 8 Introduction to ACEs (Adverse Childhood Experiences).
- 8 Building Resilience.
- 8 Sports Mentoring.
- 8 Peer Mentoring.

Full Days Plus

- 8 Level 3 Workforce Mentoring - 1st4 Sport.
- 8 Mentoring in Practice.
- 8 Trauma Informed Mentoring - (ACEs).
- 8 Creating a Mentoring Programme.

All workshops and qualifications are bespoke to your organisations needs. For more info, please contact us.

What People say about us...

Young Person

"YOUTH8 enabled me to be more comfortable with myself and the emotions I've experienced. As an only child, it is like having an older sibling that I can rely on. Ben is currently helping me cope with my anxiety."

Professional

"Through established positive relationships with young people, families and professionals Ben was able to secure a school placement for a hard to place student that meant the young person was able to return to full time mainstream education and succeed in their chosen subjects. With a great mentor at the students side when appropriate and on site at all times any issues were dealt with quickly and effectively.

Ben took time to find out our needs and delivered training to staff to enable them to understand how best to teach students who have suffered childhood traumas."

Consultancy Client

"I've know Ben several years now and had the pleasure of working with him for the past few months. His approach to working with anyone is a breath of fresh air as a mentor. He is not only helping the people he works with but I'm learning a lot myself too with how to work with different age groups and backgrounds."

Parent

"As a single parent and working mum of a young person with extra support needs, due to years of trauma and more recently mental health related problems, I have become very reliant on YOUTH8 for their ongoing support, both for my son and myself. My son now receives a personalised plan delivered by an amazing mentor, and I have a dedicated point of contact to discuss any worries and concerns with, and sometimes just to listen to the many frustrations you face in this situation.

The whole process has been positive and encouraging for us, and has finally given me the hope that we can both move forward with our lives, from what has sometimes been quite dark and difficult times. I will never be able to thank you enough Ben/YOUTH8."

Contact Us

To make a referral or if you have any questions, please visit www.youth8.org. Click the tab 'Make A Referral' and follow the instructions.

You can also find and connect with us on all main social media sites Facebook, Instagram and Twitter.



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Web: **www.youth8.org**